

# APRIL | 2024

## Leicester High School



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>1</b> Chicken Sliders Plain or w/ Pepper Jack Cheese, Waffle Fries Three Bean Salad Assorted Fresh Fruit <b>ALTERNATE ENTRÉE</b> Cheese/Hamburger</p>	<p><b>2</b> Tater Tot Nachos Seasoned Ground Beef Nacho Cheese Sauce, Lettuce, Tomato, Salsa &amp; Sour Cream over Tater Tots, Roasted Corn &amp; Peppers, Grapes <b>ALTERNATE ENTRÉE</b> Buffalo Chicken Pizza</p>	<p><b>3</b> Chicken Parmesan Sandwich Spinach Salad w/ Tomato Italian Baby Potatoes Peach Cup <b>ALTERNATE ENTRÉE</b> Pizza</p>	<p><b>4</b> Shepherd's Pie Honey Dilled Carrots WG Dinner Roll Strawberry Cup <b>ALTERNATE ENTRÉE</b> Grilled Cheese</p>	<p><b>5</b> Cheesy Pizza Bites W/ Dipping Sauce Fresh Garden Salad W/ Grape Tomato, Fruit Cup <b>ALTERNATE ENTRÉE</b> Turkey Bacon &amp; Cheese Panini</p>
<p><b>8</b> Breaded Chicken Drumsticks W/ Sweet Potato Tots Herbed Green Beans Assorted Fresh Fruit <b>ALTERNATE ENTRÉE</b> Grilled Cheese</p>	<p><b>9</b> Hot Dog on WG Roll, W/ chili &amp; Cheese Topping, Baked Beans, Potato Wedges, Carrot Salad Apple Slices <b>ALTERNATE ENTRÉE</b> Chicken Pattie</p>	<p><b>10</b> BBQ Chicken Nachos W/ Cheese Lettuce, tomato, salsa, Sour Cr., Guacamole Mexicali Corn, pears <b>ALTERNATE ENTRÉE</b> Beef &amp; Bean Burrito</p>	<p><b>11</b> Sweet &amp; Sour Chicken Vegetable Fried Rice Roasted Broccoli in a Savory Asian Sauce Mandarin Orange Cup <b>ALTERNATE ENTRÉE</b> Beef &amp; Broccoli</p>	<p><b>12</b> Mozzarella Sticks W/ Marinara Sauce Spinach Salad w/ Tomato Three Bean Salad Apple Sauce Cup <b>ALTERNATE ENTRÉE</b> Meat Lovers Stromboli</p>
<p><b>15</b> Spring Vacation</p> <p>No School</p>	<p><b>16</b> Spring Vacation</p> <p>No School</p>	<p><b>17</b> Spring Vacation</p> <p>No School</p>	<p><b>18</b> Spring Vacation</p> <p>No School</p>	<p><b>19</b> Spring Vacation</p> <p>No School</p>
<p><b>22</b> Creamy Mac-N- Cheese W/ WG Roll Ranch Roasted Broccoli Pear Cup <b>ALTERNATE ENTRÉE</b> Buffalo Chicken Tenders</p>	<p><b>23</b> Chili Cornbread Bowl Seasoned Ground Beef W/ Red Kidney &amp; Black Beans WG Cornbread topped W/ Cheddar Cheese &amp; diced onion Baked Plantain Slices <b>ALTERNATE ENTRÉE</b> Chicken Quesadilla Pizza</p>	<p><b>24</b> BBQ Pull Pork Sandwich Sweet Potato Fries, Baked Beans, Cole Slaw, Mandarin Orange Cup <b>ALTERNATE ENTRÉE</b> Cheese/Hamburger</p>	<p><b>25</b> Brunch @ Lunch Fluffy Scrambled Eggs WG French Toast W/Syrup Bacon Strips, Cucumber Coins, Fresh Fruit Cup <b>ALTERNATE ENTRÉE</b> Ciabatta Cheese Melt</p>	<p><b>26</b> Cheese Lasagna W/ Sauce, Garlic Bread Romaine Salad W/ Caesar Dressing Mixed Fruit Cup <b>ALTERNATE ENTRÉE</b> Pepperoni Calzone</p>
<p><b>29</b> Chicken Fajitas WG Soft Shell Tortillas Peppers, Tomato, cheese Salsa, Sour Cr. Guacamole, Roasted Corn &amp; Blk. Bean, Assorted Fresh Fruit <b>ALTERNATE ENTRÉE</b> Beef &amp; Cheese Taco Stick</p>	<p><b>30</b> Popcorn Chicken Bowl W/ Mashed Potato, corn, Gravy &amp; Cheddar Cheese WG Dinner Roll Peach Cup <b>ALTERNATE ENTRÉE</b> Pizza</p>	<p><b>1</b> Daily Options -Grab &amp; Go Sandwich -Grab &amp; Go Salad -Fruit, Yogurt and -Sun Butter &amp; Jelly -Vegetarian Options</p>	<p><b>2</b> Daily Options Include choice of Vegetable of the day, fruit &amp; Non- fat milk to create a complete meal</p>	<p><b>Milk is FREE W/ a School Meal. Purchased Separately Milk is \$ .60.</b></p> <p><b>Pre-order Deli Sandwiches Available Monday-Friday</b></p>

### What Makes a Lunch?

Select 3-5 Components



One must be a



Students **MUST** take **AT LEAST 3** out of 5 meal components to be considered a complete meal. A **½ cup Fruit** or **½ cup vegetable** is **MANDATORY W/** a meal. The 5 components to choose from are: Meat/Meat Alternate, Grain, Milk, Fruit, and Vegetable. **Breakfast & Lunch are FREE** for all students this year. The State of MA has voted to extend free meals to all students for the 2023-2024 school year. Even though meals are free, the State has required districts to update students Free/Reduced/ Paid status by collecting Free & Reduced Applications this year. All households with students enrolled at the H.S. are highly encouraged to complete a 2023-24 Free & Reduced meal application (available online, High School main office & the central office).

Menus as well as other food service dept. Information, including our Non-Discrimination Statement, are available on line @ [www.lpsma.net/departments/foodservice](http://www.lpsma.net/departments/foodservice)  
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